



### BREAKFAST MENU



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

Mini Cinni  
Fruit  
Milk

6

Breakfast Sandwich  
Fruit  
Milk

7

Strawberry Strudel  
Fruit  
Milk

1

Funnel Cake  
Fruit  
Milk

2

Mini Pancakes  
Fruit  
Milk

12

Mini Bagel  
Fruit  
Milk

13

Apple Turnover  
Fruit  
Milk

14

Banana Bread  
Fruit  
Milk

15

Funnel Cake  
Fruit  
Milk

16

Mini French Toast  
Fruit  
Milk

19

Piggle Stick  
Fruit  
Milk

20

Breakfast Sandwich  
Fruit  
Milk

21

Dunkin Stick  
Fruit  
Milk

22

No  
School

23

No  
School

26

No  
School

27

No  
School

28

No  
School

29

No  
School

30

No  
School