MONITEAU SCHOOL DISTRICT

Wellness Committee

Date:

May 12, 2020

Time:

1:00 p.m.

Location:

Google Meeting

Meeting Minutes

Food Service Director: Jennifer Zellefrow

In attendance was: Thomas Samosky, Aubrie Schnelle, Dustin Thompson, Nicole Fox, Beatrice Heck, Jennifer Rottman, Matthew Zietz, Kristi McEwen, Leslie Fallen, John Stoughton, Bryan Dean, Kimbery Stoughton, Susan Scialabba, Denny Martin, Pam Kress, Zoe McDowell, Mandy James,

- 1. The Meeting was rescheduled from the April 2, 2020 meeting.
- 2. The March 5, 2020 meeting minutes were reviewed.
- 3. A new wellness section was created on the website to communicate wellness related information to the community, parents, students and staff.
- 4. Tri-annual assessment was submitted to PDE and posted online.
- 5. Using the PSBA Wellness Policy Template as a guide, discussion occurred and the committee agreed on recommendations that should be made to the current policy.
 - Discussion started on Page 11 "Nutrition Guidelines for All Foods/Beverages at School"
 - Recommendations were recorded
- 6. The revised policy will be forwarded to the Secretary of the Superintendent and the Superintendent.
- 7. The next policy meeting is scheduled for May 26, 2020.
- 8. The next wellness committee meeting will be September. A date will be determined at a later date and committee members will be invited to attend.

Thank you to everyone that volunteered their time. It was a great meeting!