

# Strengthening Families Program



FOR PARENTS AND YOUTH AGES 10-14

A FREE program to help Butler County families connect through open discussion & games

**WHEN?**

Thursdays, Feb 1-Mar 14

5:30 DINNER

6-8 PROGRAM

**WHERE?**

McQuiston Elementary

210 MECHLING DR

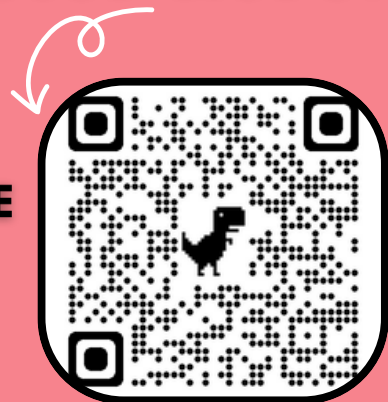
BUTLER, PA



Register here!

**ACTIVITIES!**

- FAMILY VALUES
- SETTING GOALS
- RESISTING PEER PRESSURE
- MANAGING STRESS
- FAMILY MEETINGS
- ACTIVE LISTENING



**EACH WEEK!**

- FREE DINNER
- CHILDCARE
- PRIZES

Question? [KAndrews@KeystoneWellnessPrograms.org](mailto:KAndrews@KeystoneWellnessPrograms.org)

